

Swedish Massage

This is considered to be the fundamental classical training for all massage therapists. The emphasis in this module is on practical experience coupled with in-depth theoretical knowledge. With this fully accredited qualification, you can be insured to practice as a massage therapist. This is especially useful to you if you progress to training in other therapies because you can be developing your confidence and building your client base in the "real" world while still being in close contact with us through further study.

Syllabus

Core Modules:

[Anatomy & Physiology](#)

[Practice Management](#)

Specific Modules:

History and origins of massage

Contraindications

Origins and insertions of muscles

Physiological and psychological benefits of massage

Techniques and movements

Practical applications

Developing an effective sequence

Study Days

A total of 21 days, either two days per week for one term (Mondays and Tuesdays) or one day per week over two terms.

Qualifications

Raworth Diploma in Swedish Massage

ITEC Diploma in Holistic Massage

FEES:

Swedish Massage Diploma: modules in anatomy and physiology (A&P), Swedish massage and practice management.

Exam fees included in course fee.

For all of the above, £1,046.00 excluding VAT

Please note that these fees quoted are INCLUSIVE OF USUAL EXAM FEES & RELEVANT KITS

Prices subject to increase from September 1st 2009

[Click here](#) to access course interest form



Pleas

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