

# Nutrition Studies



There has been a huge increase in interest in the study of diet and nutrition in health promotion. This has led to a greater need for recognised qualifications, such as ours at Raworth, for practitioners working independently with clients but able to refer to the medical profession.

## A recognised qualification

Before September 2005, nutritional therapy qualifications were approved by BANT (British Association of Nutritional Therapists) to confirm membership for our graduates. Raworth was recognised by BANT, since its inception. Since September 2005, accreditation for our course has passed to the NTC (Nutritional Therapy Council) which is the governing body for nutritional therapy. The final outcome may take a while but Raworth is in a good position to meet the requirements set, since we are part of the Schools Forum of the NTC and the tutors are all experienced nutritional therapists, including the current Chair of BANT. Also, our Course Co-ordinator helped to finalise the NTC core curriculum and sits on the Council of the NTC. We will deliver the required core curriculum and you will receive all of your clinical training at Raworth within a clinical setting.

At Raworth, whilst the study of dietary and nutritional therapy is based on medical science, we are also passionate about food and the enjoyment of eating. Another special benefit of studying nutrition at Raworth is that it is relatively easy and cost effective to qualify in another therapy such as reflexology, while completing your nutritional therapy qualification. This will allow you to widen your client base, still further.

Our nutrition qualifications consist of the [Dietary Therapy Diploma](#) followed by the [Nutritional Therapy Diploma](#).

Don't worry if you have no previous background in basic chemistry (O level or GCSE science) or in anatomy and physiology. You can take our Science Foundation Course, before entry to the Dietary Therapy Diploma.

[Print This Page](#)  [Save as pdf](#)