

Introduction to Crystal Therapy

Crystal Healing is one of an increasing number of therapies that can be classified as 'Vibrational'. All crystals have a unique combination of colour, structure and geology giving them individual properties that can be applied in a healing context. Crystals can be used to balance the energy field by placing them on the body and working on meridians, auras and chakras.

Course Overview:

- An overview of the Human Energy System
- Sensing of individual crystal properties
- How to choose crystals
- Using a pendulum for dowsing
- Crystals in your everyday life and environment

Relevant crystals will be supplied on the day and can be purchased if required.

This course is recognised by the Vantol College of Crystal Therapy, a recognised training body for the Crystal Healing Foundation.

Tutor

Yvonne Diment is a Complementary Therapist working in a range of disciplines which could be classified as Energy Healing. In addition to Crystal Therapy, she is fully qualified as a Reflexologist and Kinesiologist and also teaches her therapies, following a background of 25 years in the teaching profession.

Dates, Times and costs


27th February 2010

£80 (including VAT)

Please contact us to register your interest.

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